



**WESTMEATH
SPORTS
PARTNERSHIP**
— SPORT IRELAND —



November 2024



Welcome

Welcome to the fifth edition of the new(ish) Westmeath Sports Partnership e-newsletter!

This month we are sharing news of funding for two new exciting community sports amenities in the county; classes for children and teenagers with additional needs taking place in our Community Sports Hub; we'll look back at our successful mid-term Orienteering session in Moate and let you know about some courses and programmes coming up for you that might be of interest.

Don't forget that for more information and full details keep scrolling(!), follow us on socials (links at the top 📶) or visit our website at www.westmeathsports.ie or email us info@westmeathsports.ie

Enjoy our fifth newsletter!

Maroon Lakers For Kids And Teens



ATHLONE SC ATHLONE SPORTS PARTNERSHIP SPORT IRELAND



Maroon Lakers Multi-Activity Programme

6 week programme for children with disabilities aged 8 - 12

Activities will focus on agility, balance and coordination

**Saturdays Nov. 09, 16, 23 &
Dec. 07, 14, 21**

**Athlone Regional
Sports Centre**

9.45am - 10.40am

**PRE-REGISTRATION REQUIRED
AS PLACES ARE LIMITED
(COST FOR COURSE €30)**

Contact: Fergal Towey

Call: 090 6470975

Email: fergal@athlonersc.ie

**REGISTER NOW BY CALLING
ATHLONE REGIONAL SPORTS CENTRE
@ 09064 70975**



**WESTMEATH
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— SPORT IRELAND —

Maroon Lakers Multi-Activity Programme

6 week programme for Teens with disabilities aged 13 - 17

Activities will focus on agility, balance and coordination

**Saturdays Nov. 09, 16, 23, &
Dec. 07, 14, 21**

**Athlone Regional
Sports Centre**

10.50am - 11.45am

**PRE-REGISTRATION
REQUIRED AS PLACES ARE
LIMITED
(COST FOR COURSE €30)**

Contact: Fergal Towey
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Due to phenomenal demand, we are delighted to support ANOTHER six-week Maroon Lakers programme at the Community Sports Hub at Athlone Regional Sports Centre in November and December for children and teens.

The programme caters for children with a disability aged between eight and twelve years of age and thirteen and seventeen.

The Multi-Activity Programme will be implemented over six weeks, comprising of fun activities, focusing on agility, balance, and coordination of participants.

Classes begin on Saturday November 09 and continue each Saturday until December 21 (Nov 09, 16, 23, Dec 07, 14,

21) **Please note there is no class on November 30.**

Please note places are limited and will be offered on a first come basis.

A minimum number of participants is required to facilitate this programme.

 Contact: Fergal Towey on 090-6470975

 Email: fergal@athlonersc.ie

[More Details Here](#)

Orienteering At Dún na Sí



WESTMEATH SPORTS PARTNERSHIP



WESTMEATH
SPORTS
PARTNERSHIP



WESTMEATH COUNTY COUNCIL
STAYDOWN



SPÓRT ÉIREANN
SPORT IRELAND



Taking advantage of the mid-term break from school, Westmeath Sports Partnership hosted a come and try orienteering session on the eve of Halloween at Dún na Sí Amenity and Heritage Park in Moate.

It was a hive of activity with over 50 attendees of all ages having a great time completing their orientation in the maze activity, navigating their way through the photo orienteering courses and then progressing onto the exciting Map Run courses available throughout the park.

New Sports Equipment for Killucan and Battery Heights

New Sports Equipment Funding For Two Co. Westmeath Locations

Over €65,000 Allocated Through
Participation Nation Funding Stream
For Sports Equipment And
Biodiversity Projects!



**WESTMEATH
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Riailas na hÉireann
Government of Ireland

Westmeath Sports Partnership is thrilled to announce the latest enhancements to our community sports facilities, thanks to the Participation Nation funding.

New Additions in Killucan and Battery Heights

Box Up unit - secure and easy access to sports equipment.

Surfacing and Fencing - create a secure environment for all users.

Additional improvements and biodiversity enhancements will be made through funding received via the Amuigh Faoin Spéir Funding stream.

You'll find full details at the link below

[Click Here For More Info](#)

Halloween On The Hill



Following the success of our inaugural Halloween on the Hill event at the Hill of Uisneach last year, this Halloween mid-term, Westmeath Sports Partnership was involved in supporting over 70 more attendees from IPAS and IBOT backgrounds to the 'Sacred Centre of Ireland'.

People with nationalities ranging from Ukraine to Zimbabwe, who have recently began living in Westmeath, enjoyed a guided walk and tour while learning all about Ireland's historic mythology and folklore that lay beneath their feet.

This collaborative event was kindly supported by Westmeath County Council Local Authority Integration Team and New Horizons.

We want to say a special thanks to Francez at Uisneach for all their help and assistance.



Cairn Community Games Training



Videos about 'coming out' and 'gender identity'



Common barriers facing LGBTI+ people



Exploring society's heteronormativity & its impact on LGBTI+ people -



LGBTQ+

Clarification of terms and relevant research, including statistics on the mental health of the LGBTI+ community - LGBTI+ Travellers, LGBTI+ asylum seekers, as well as both older and younger LGBTI+ individuals.

LGBTQ+

SUPPORT

How to support LGBTI+ people & information on existing supports

SUPPORT

ONLINE

2 part series
(in order to attend the second session you must have attended the 1st session)

REGISTER NOW



FREE

Part 1 - 11th November 7pm
Part 2 - 18th November 7pm



Cairn Community Games is hosting a two-part workshop is designed to equip sports leaders with practical tools and insights for fostering inclusivity within sports organisations.

Workshop Details:

- **Dates:** 11th and 18th November (2-part series)
- **Format:** Online
- **Cost:** Free of charge

For further information and registration, please visit the event page: [Cairn Community Games - LGBTQI+ Training Workshop](#).

Community Sports Programmes



We've been delighted to be able to support several local groups in a variety of activities as part of our Community Sports Programmes this autumn.

Rosemount: Our 'Women on the Move programme is due to come to a close in mid-November with over 30 women enjoying the classes which kicked off in October.

Yoga for all: The response to the classes in Mullingar Library has been exceptional with huge demand and everyone really enjoying the bi-weekly activity.

Yoga in Kinnegad and Castlepollard: Our programme at Kinnegad GAA club is almost complete with our older adults and we're mid way through the classes for the older women's group in Castlepollard library.

Coming Up Soon



We will be announcing details of a new five-week Women + Men on the Move programme starting in November very shortly.

Keep an eye on our social media and website for more details

We also have partnered with Westmeath Libraries for a very exciting Activator Poles scheme and we hope to share more details in mid-November.

Volunteers In Sports Awards 2024



VOLUNTEERS

★ IN SPORT AWARDS 2024 ★

Watch this space!

We are looking forward to announcing details of the 2024 Volunteers in Sport Awards in the coming weeks!

Nominations will be open mid-November until mid-December with the awards ceremony taking place next February.

So keep an eye out on our social media channels for all the latest news!

Call to action

Thanks For Reading

If you enjoyed our newsletter, please let us know, and if you think it would be of interest to someone you know, you

can encourage them to sign up below.

Our next edition will be available in early December.

WSP Team.

[Newsletter Sign Up](#)

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